

Dear Friends of PTSD Resolution,

I hope you are all keeping safe and well. PTSD Resolution continues to receive an average of 7 new referrals a week and we have now reached our 2912th referral. We are planning to mark our 3000th referral and our 10th year anniversary with a briefing on Zoom on 10th November at 6pm. We will also be issuing a pamphlet which will summarise our activities over the past ten years. Despite the Coronavirus we have maintained our service provision by delivering therapy on-line.

VJ Day – Memorial Wall



We marked VJ day by creating a Memorial wall on our website (<https://ptsdresolution.org/news69.php>) to enable people to post a memory of anyone they may know whose death had not been marked by an actual grave.

The Big Give

The logo for 'theBigGive' features the word 'the' in a lowercase, sans-serif font, followed by 'BigGive' in a larger, bold, uppercase, sans-serif font. The 'i' in 'Give' has a dot.

We are approaching the date of our major annual fundraising exercise whereby every donation that you make is doubled. **Please** see the details at <https://ptsdresolution.org/BIGGIVE.php>, and make a diary note to join in.

The Veterans Foundation

The Veterans Foundation provides a nationwide source of funding for British Armed Forces charities to help them carry out life-changing projects for veterans in need and their dependents. Please find details at <https://ptsdresolution.org/news68.php> and please contribute.



Amazon Smile

The logo for 'smile.amazon.co.uk' features the word 'smile' in orange, 'amazon' in black, and '.co.uk' in a smaller black font. A yellow arrow points from the 'e' in 'amazon' to the 'i' in 'smile'.

One really easy way to raise funds for PTSD Resolution is to buy through Amazon Smile. Please go to <https://smile.amazon.co.uk/>, and select PTSD Resolution as the charity you wish donations to go to. From then on for every item you buy through Amazon Smile a donation will automatically be paid to PTSD Resolution.

500 mile walk for Wellness

This initiative needs maximum publicity to help generate funds, of which PTSD Resolution stand to be among the selected beneficiaries. Please contribute and promote to help David help PTSDR and consider promoting among friends and media. Please use this [link](#) for David's donation page.



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You have asked to join our mailing list to receive our bi-monthly newsletters.

Our mailing address is:

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[Add us to your address book](#)